

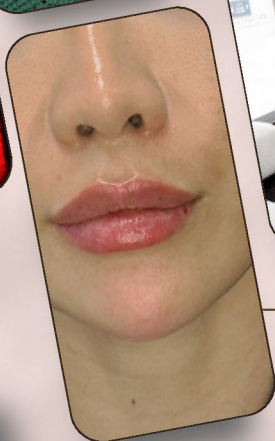


ProPHI*e*
Clinics

Lip Treatment



Online
Consultations
Available



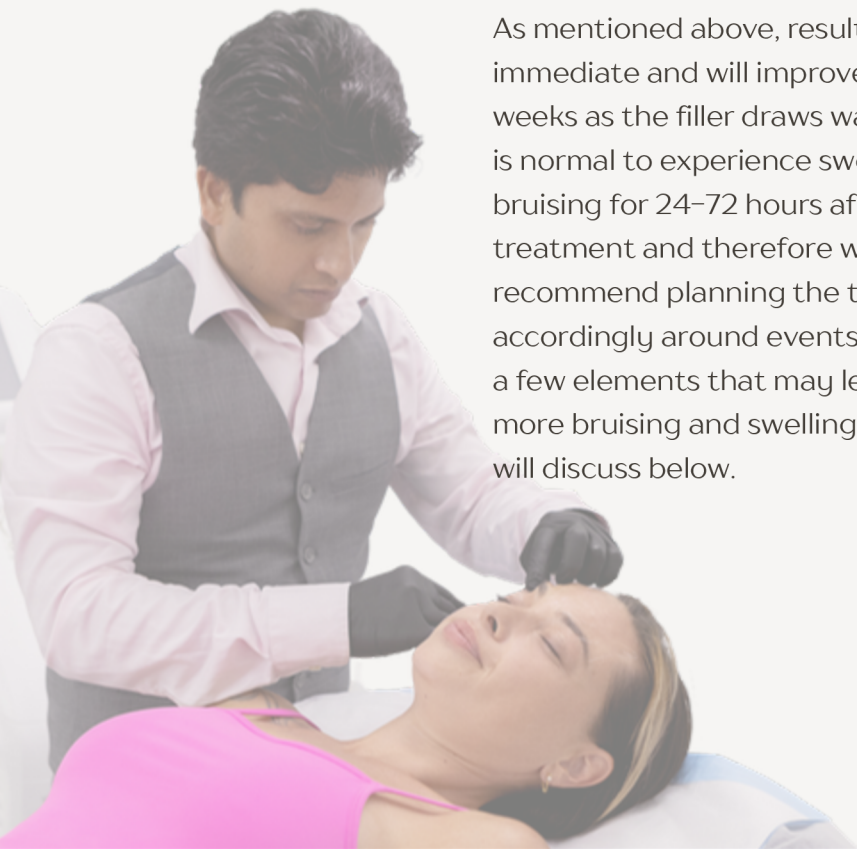
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The Treatment

The treatment itself does not take long at all; people can expect to spend 15–20 minutes having the treatment done. Your individualised treatment plan will be performed prior to the treatment. This is where you will be able to discuss your concerns, ask questions and chat about your expectations.

You will have an excellent topical anesthetic cream applied to your lips 15–20 minutes before the treatment. This will ensure there is minimal discomfort, you will also be reassured to know the dermal filler contains a local anesthetic. We can also do a dental block with local anesthetic for those who may not tolerate the discomfort as well.

As mentioned above, results are immediate and will improve over 2 weeks as the filler draws water to it. It is normal to experience swelling and bruising for 24–72 hours after the treatment and therefore we recommend planning the treatment accordingly around events. There are a few elements that may lead to more bruising and swelling which we will discuss below.



What should I avoid before treatment?

It is recommended that prior to the appointment the following are adhered to:

- Avoid drinking alcohol for at least 24 hours before the appointment.
- Stay away from blood-thinning medications/supplements such as aspirin, fish oil and ibuprofen, if possible, for 1 week prior.
- Arrive to your appointment with a clean face that is free of makeup and any lotions etc.
- The aftercare procedure follows as below Ice the treatment area for 15–20 minutes every hour until swelling and bruising subside.

After treatment:

- Avoid makeup, if possible, for at least 24 hours
- Avoid alcohol in the first 24 hours.
- Avoid the following treatments for 2 weeks post procedure: Laser treatment, Microdermabrasion and Chemical peels.
- Avoid strenuous exercise for 24 – 48 hours post treatment.
- It is important not to touch, massage and scratch the filler. We want to keep the area clean as well as the shape we have created.
- Stay hydrated – drink plenty of water.
- Do not use AHAs, BHAs, Retinol or Vitamin C for 24 hours after the procedure.

You can apply a soothing antiseptic cream such as Bepanthen.

If the above is followed, you can expect the best out of your lip filler treatment. If you have any other questions regarding the above, we are more than happy to answer them either during your consult or after and can be contacted by phone or email for any enquiries.

Safety Profile of Lip enhancement

Having dermal filler injected into the lips is a safe procedure as it is completed by Medical Professionals. All the products used here at Prophile Clinic have all been approved for use by the Therapeutic Goods Administration (TGA). As mentioned previously, dermal fillers are not permanent and consist of a substance that is already natural occurring within our bodies.

Side Effects of Lip enhancement

Regarding side effects, you can expect bruising, tenderness and swelling. There is also an extremely rare chance of causing a vascular occlusion, this can be reversed using a dissolving agent. Here at Prophile Clinic, patient safety is of utmost importance and therefore we have a protocol in place for if this was to occur.

There is also a chance of granulomas, nodules and infection. We discuss these side effects and risk at your appointment to inform you as well as educate on what to look for and/or avoid.

How long does lip enhancement last?

Lip filler can last anywhere from 6-12 months as each person metabolises the filler differently. If you are building on your desired shape and/or size lip, we recommend waiting at least 3 months between. This will allow for the initial filler to integrate and settle, as well as avoid the potential of filler migration.



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