



**ProPHI***Le*  
*Clinics*

## Anti-Wrinkle Treatment

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## What is anti-wrinkle?

It is a botulinum toxin type that blocks the nerve signals that cause muscle contraction. For example, when strategically placed in the forehead the muscle will no longer be able to contract as strongly. This then means wrinkles that were once there will be softened, as well as there being no lines formed when raising your eyebrows



## Why might someone get anti-wrinkle?

Anti-Wrinkle is a great method to utilise to prevent dynamic lines (wrinkles on movement) from becoming static lines (wrinkles on relaxation). It is known that the face begins to age at the age of 25 years old. Therefore, antiwrinkle commenced at this age is a good idea to prevent static lines.

It is never too late to commence anti-wrinkle, although if you have very deep lines that are static, antiwrinkle can only soften these lines. The lines that occur on movement can be smoothed with anti-wrinkle. It is important to keep on top of anti-wrinkle itreatment, as over time these lines can improve. The results are temporary, lasting 3-4 months meaning if you wait a year before topping up, the wrinkles will return to their full potential.

# The Treatment

The procedure is completed by using extremely small needles to inject the antiwrinkle solution. The injections are not deep at all, as our facial muscles are not very deep.

The treatment itself does not take long at all; people can expect to spend 10–15 minutes having the treatment done. Your individualised treatment plan will be performed prior to the treatment. This is where you will be able to discuss your concerns, ask questions and chat about your expectations.

Patients will often rate the pain a 1–2 out of 10 and describe it as a mild sting. There is also little to no downtime for the treatment and have people referring to it as ‘lunchtime’ treatment. Mild swelling can be present, but this subsides within 10–30mins and therefore gone once they return to their daily routines.

Results are seen at their full potential by 2 weeks post the treatment. Although you can start to notice the results by a week. It is normal to experience bruising for 24–72 hours after the treatment and therefore we recommend planning the treatment accordingly around events.

There are a few elements that may lead to more bruising which we will discuss below.

## Treatment Areas

Did you know that Anti-wrinkle can be used to treat more than the lines on your forehead? Anti-wrinkle has many benefits other than smoothing out wrinkles in which we will discuss below.

### Treating Tension Headaches

Many people receive anti-wrinkle treatments to relieve their tension headaches. This may either be caused by jaw clenching or overusing muscles in the forehead so by relaxing these muscles you may benefit from relief.

### Jaw Clenching or Jaw Slimming

Bruxism or 'Teeth Grinding' is a common condition caused by overactive masseter muscles. This can cause jaw pain and persistent headaches as well as diminish tooth enamel. Anti-wrinkle placed into the masseter muscle will relax the muscle and therefore relieve TMJ and Bruxism. In turn, by treating the masseter muscle you will also benefit from facial slimming. This is due to the fact that a strong masseter muscle can give a bulky appearance causing a square jaw.

Relaxing this muscle will therefore diminish the bulk size of the muscle and give the appearance of a slimmer face.

### Bunny Lines

Treating this area will smooth the lines that form when scrunching your nose. This treatment goes well with frown line Anti-Wrinkle as at times, this muscle can become overactive with a relaxed frown line.



## **Downturned Mouth**

Do the corners of your mouth turn down involuntarily giving you a sad or angry look? This may be due to the overactivity of the Depressor Anguli Oris muscles (DAOs). We can also treat this with Anti-Wrinkle injections to correct the pulled corners of the mouth.

## **Dimpled Chin**

An overactive Mentalis muscle can cause the appearance of a pebbled chin. If this is something you are aesthetically unhappy with, we can treat this by relaxing the muscle with Anti-Wrinkle.

## **Lip Lines**

These are the vertical lines surrounding the upper lip that are often referred to as smokers lines (although not unique to smokers). Small doses of antiwrinkle to the upper lip can soften these lines.



## **Lip Flip**

Placing a small amount of Anti-Wrinkle to the upper part of Orbicularis Oris (muscle surrounding mouth), we create a subtle flipping out of the upper lip. This is a great alternative to those who would like the appearance of larger lips without lip filler treatment.

## **Neck Bands**

We can smoothen lines in the neck by strategically injecting the Platysma muscle with Anti-Wrinkle injections to give a youthful appearance.



## **Nefertiti Neck Lift**

This treatment is done by relaxing the Platysma muscle in the neck. This sharpens the jawline border as well as decreases the appearance of the jowls.