



Aftercare Volume Dissolving

- Most people are able to continue with normal activities with immediate improvement in their appearance.
- Some will have some redness, pin prick marks, possibly swelling- particularly in the lips. Possibly bruising. Any swelling and bruising may be more apparent the next day.
- Make-up should not be worn for 12 hours
- You are advised to avoid alcohol, vigorous exercise, sun bathing, and extremes of heat or cold for 14 days post treatment. These activities have been found to increase and prolong swelling.
- Swelling may worsen in the first 24 hours, and then should settle within the first few days. Cold packs can be helpful in reducing swelling. As a consequence of swelling, and the action of the Hyalase® you may notice some asymmetry. The final result may be judged at 2 weeks.
- Bruising may take a few days to appear, arnica can be helpful in clearing bruising. It is advisable to avoid aspirin and alcohol for 12-48 hours after treatment. Tenderness should settle as swelling goes down.
- Please contact your practitioner if redness, tenderness, itching or swelling worsens after 3 days, rather than settling.
- Please do not hesitate to contact us if you have any concerns.